

PACK & JET

Ultimate Packing Guide with Amazon Travel Essentials

Everything you need to pack for any trip.

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Pack Smart. Travel Better.

Having travelled to over 70 countries, I have learned from trial and error what essential items I need for every trip. I've also forgotten enough things along the way to know how helpful it is to have one clear packing list to check before leaving.

That's why I created this guide: to help you pack smarter, avoid the last-minute stress, and skip the mistakes I've made myself. Inside, you'll find my favorite travel essentials, all easily available on Amazon, chosen to make packing easier and travel more comfortable.

Use this guide, checklist, and packing template to plan a stress-free trip so you can focus on where you're going, not what you left behind.

Note: This post contains affiliate links. If you buy something through my link it will send a bit extra my way... at no extra cost to you!



Carry-On Luggage

What better place to start off than the main item you will need for your travels? No matter where I'm going, I always travel with a carry-on. This is to save time, avoids baggage fees, and prevent my luggage from getting lost by the airlines along the way. Amazon has a great selection of durable, lightweight carry-ons that you can choose from. Here are a few of my favorites.



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Packing Cubes & Vacuum Bags

For the next step of packing, I highly recommend using packing compression bags or even better yet travel vacuum bags. They are affordable and really help in organizing items in your bag, and saving space when packing. Since discovering these, I never travel without them! There are various styles but I love the vacuum bags. They are amazing quality and they also come with a rechargeable pump.



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Travel Bottles for Toiletries

Travelling with a carry-on becomes easier when you invest in travel bottles. Bottles that are 100 mL are a great way to bring your favorite shampoo, conditioner, moisturizer, or even sunscreen. These refillable travel bottles are leak-proof and will prevent you from packing full-sized containers that are heavy and take a lot of space.



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Toiletry Bags

Having a durable and lightweight toiletry bag (or organizer) will help you in the packing process. There are various sizes and styles you can choose from depending on what items you want to pack. I usually choose ones that are more flexible, compact, yet spacious. Here are some of my favorite ones that you can choose from.



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Travel Pillows

For those long, and especially overnight flights, an inflatable travel pillow is a must. A good pillow with good support for your neck and head will help you rest more comfortably when sleeping in a cramped airplane seat. I also like to bring an inflatable foot rest pillow with me. This was for sure a gamechanger when I discovered it.



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Tech & Electronics

Staying charged and connected is an important part of any trip – for most! Travel adapters and power banks are essential tech items that I ensure I pack for each trip. Another item that can make travelling more relaxing is noise-canceling headphones. An AirTag is also a great travel item because it adds a layer of security to your trip. They allow you to track an item's location in real time using the Find My app on your iPhone. I find this especially helpful if your luggage is delayed or lost by the airline, where you can see the location and perhaps aid in the recuperation process.



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Health & Safety

There are some basic items that I ensure I pack – in case. It's always a good idea to have a mini first-aid kit, travel-sized versions of cold, flu, allergy, and digestive remedies, and other medication depending on where you are travelling to. Depending on where I'm going, I might also include motion sickness tablets or insect repellent. Having these items on hand brings peace of mind, especially when traveling to countries where you're unfamiliar with the local pharmacies or language.



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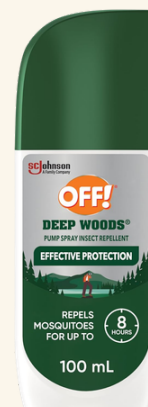
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Garment Care

Keeping your clothes looking fresh was one of the biggest challenges I had, especially since I want to fit everything into a compression bag and a carry on. I decided to invest in a travel sized steamer and it has been a game changer. This is especially useful for business trips, events, or photo-heavy vacations. To ensure freshness of clothes, I also bring a lightweight laundry bag and some shoe bags to separate worn/dirty items from clean ones, which helps keep everything organized and odor-free. These small additions make a big difference in feeling put-together and comfortable throughout your trip



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Beach Vacation

Make sure you have the most fun beach vacation by bringing all the essential items. I always pack a quick-dry towel, a wide-brim hat, and plenty of sunscreen to stay protected under the sun. A good pair of water shoes will also help a lot depending on your destination. For example for the rocky beaches in Europe, I found them very helpful. Don't forget a swimsuit (or two), a cover-up, and a beach bag to carry your items. Whether you're lounging or adventuring, these items help you enjoy the beach without hassle.



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Photography

For those of you who love take photos or are creating content, then these items will be very helpful to pack. I always bring extra memory cards, and a portable SSD is also essential for backing up photos daily running out of storage mid-adventure is the worst! Trust me, I have been through it and it's best to avoid this from happening, especially when you don't have a good connection. And don't forget a compact travel tripod, which will be great for those not travelling in groups to have someone take pictures of you.



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Travel Packing List

Documents

- ☐ Passport
- ☐ Boarding pass
- ☐ Driver's license
- ☐ Travel insurance
- ☐ Copies of documents
- ☐ Credit cards + Cash
- ☐ Visas

Electronics

- ☐ Phone + Charger
- ☐ Camera + Charger
- ☐ Laptop + Charger
- ☐ Travel adapter
- ☐ Headphones
- ☐ Portable battery
- ☐ Headphones
- ☐ Travel speaker

Clothing

- ☐ Shirts/T-shirts
- ☐ Pants
- ☐ Leggings
- ☐ Shorts
- ☐ Dresses/Skirts
- ☐ Cardigan/Sweatshirt
- ☐ Socks
- ☐ Underwear/Bra
- ☐ Swim suit
- ☐ Sleepwear
- ☐ Exercise/Outdoor clothes
- ☐ Sandals
- ☐ Sneakers

Toiletries

- ☐ Toothbrush + toothpaste
- ☐ Dental floss
- ☐ Deodorant
- ☐ Shampoo + conditioner
- ☐ Soap/shower gel
- ☐ Face wash
- ☐ Body lotion/Face cream
- ☐ Perfume
- ☐ Shaving products

Health and beauty

- ☐ Hand sanitizer
- ☐ Sunscreen
- ☐ Makeup + remover
- ☐ Medications
- ☐ Hair styling products
- ☐ Makeup + remover
- ☐ Medications
- ☐ Feminine Products
- ☐ Tissue packs
- ☐ Insect repellent
- ☐ Band-aids

Others

- ☐ Sleeping mask
- ☐ Ear plugs
- ☐ Sunglasses
- ☐ Accessories (watch, jewelry)
- ☐ Zip lock bags
- ☐ Travel pillow
- ☐ Travel backpack
- ☐ Hat
- ☐ Water shoes

Travel

Documents

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Electronics

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Clothing

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Toiletries

This image shows a blank sheet of white paper designed for handwriting practice. On the left side, there is a vertical column of ten brown-outlined circles. To the right of these circles are ten horizontal dotted lines, each aligned with one of the circles. The background features faint, stylized illustrations of a person's head and shoulders in shades of blue and green, positioned behind the writing area.

Health and beauty

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Others

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Happy Travels!

I hope this guide helps you pack smarter and travel with ease.
Find more travel tips, destination guides, and packing inspiration
on Instagram and Amazon storefront.

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